

## BREAKFAST AND BRUNCH

This season we have put together our personal “Cape Town food & drink favourites” that you might enjoy. From hidden breakfast spots to snazzy bars and amazing eateries, take your pick.

### **Village Café**

We are slightly biased as it's right next door to our reception. Very friendly longtime neighbourhood corner cafe in scenic De Waterkant. Small but tasty menu and a great spot to people watch and enjoy a cuppa and grab a bite.

*[address: 159 Waterkant St, De Waterkant, Cape Town, 8001, South Africa](#)*

### **Pauline's**

Discreetly hidden in the church grounds off Napier Street, this little-known café, formerly a convent, is next door to the Goodman Gallery. Enjoy a quiet peaceful cuppa under the tree shade with the hustle and bustle of Somerset Road on the other side of this private walled court-yard. The usual suspects of smashed avo on home-baked sourdough and tempting breakfast buns sit alongside appealingly melty cheese toasties.

*[address: 37A Somerset Rd, Green Point, Cape Town, 8051, South Africa](#)*

### **Ground Arte Caffè**

Regular exhibitions by local artists hang on the walls, while an all-day simple tasty breakfast menu covers all the essentials with a hint of Italian flair. Great coffee and space to work.

*[address: 160 Strand St, De Waterkant, Cape Town, 8001, South Africa](#)*

### **Loading Bay**

Industrial chic café with locally sourced ingredients plus clothing and Aesop skincare shop this café gem attracts both locals and visitors with its lovely laid-back vibe. Breakfast favourites range from the Green Goodness, blanched kale and spinach with poached eggs, to a cheesy croque monsieur. Famous for their freshly baked cinnamon rolls, made on site.

*[address: 30 Hudson St, De Waterkant, Cape Town, 8001, South Africa](#)*

### **Origin Coffee**

Focused on ethically grown beans, and using the widest range of brewing techniques, this is a serious coffee lover's dream place. Food isn't half bad as well and you can also train to become a barista.

*[address: 28 Hudson St, De Waterkant, Cape Town, 8001, South Africa](#)*

## BREAKFAST BRUNCH

**Hemelhuijs**

Located right in the heart of Cape Town's city centre this chic cafe feels more like an exquisitely curated flower shop or a ceramics studio. All-day breakfasts and generous platefuls of healthy comfort food. If they have it, order the mosbolletjies, an Afrikaner sweet bread which they sometimes serve with zaatar (a Middle Eastern spice).

*address: 71 Waterkant St, Cape Town City Centre, Cape Town, 8001, South Africa*

**The Strangers Club**

Another hidden gem located in a residential street, this 1828 historic building also is a shop selling African art, crafts and artefacts. The whole restaurant feels incredibly bright and airy with a great simple menu of iced, hot and juiced drinks plus interesting food choices such as Anchovy butter with fillets or Avocado Cranberry Toast.

*address: 1 Braemar Rd, Green Point, Cape Town, 8005, South Africa*

**Bootleggers Green Point**

Ok, this is a chain but don't let that put you off and this branch in Green Point is our favourite. There all-day breakfast caters for all tastes from Classic Benedict to Chicken Livers Peri-Peri and they manufacture and make their own coffee. Hearty portions and well-priced.

*address: Chelsea on Main, 37 Main Rd, Green Point, Cape Town, 8005, South Africa*

**Jason Bakery**

Aromas of freshly baked pâtisserie emanate from this Victorian-era house on Green Point's main drag. They're known for their insane pastries and crossover creations, which include doughssants. They also have amazing pies and sourdough bread.

*address: 83 Main Rd, Green Point, Cape Town, 8005, South Africa*

**Giovanni's Deliworld**

A Cape Town institution since 1989, family run, this is a classic Italian deli. With no empty wall space, everything is crammed in from ready-made meals, wine, groceries, cheese, bread and meat plus coffee bar where you can pick and choose from the massive deli counter, eating in or takeaway.

*address: 103 Main Rd, Green Point, Cape Town, 8051, South Africa*

## BREAKFAST & BRUNCH

### **Cushty Neighbourhood Deli**

Tucked discreetly up a residential street, this popular local spot serves some great breakfast favourites with amazing omlettes, full of flavour and the place has an intimate relaxed feel with outdoor wrap-around seating.

*address: 6 St George Rd, Green Point, Cape Town, 8051, South Africa*

### **Oranjezicht City Farm Market**

City grown produce, this very popular V&A Waterfront market we definitely recommend getting here early to browse the local organic fruit and veg, cheese, meats, bread, pastries and more. Amazing food and drink choices for breakfast and lunch.

*address: Granger Bay Blvd, V&A Waterfront, Cape Town, 8001, South Africa*

### **The Blue Café**

Trading since 1904, this friendly side-walk café is loved by loyal locals and is open from breakfast to dinner and also sells local produce. Firm favourites are the chicken pie and the anchovy, capers and olives pizza. A nice place to eat breakfast and kick off a leisurely day in Cape Town.

*address: 13 Brownlow Rd, Tamboerskloof, Cape Town, 8001, South Africa*

### **Clarke's Dining Room**

This a super cool, minimalist eatery on Bree Street. It's also great place to grab a burger or cocktails, but they also do an excellent breakfast and we can recommend the Egg Sandwich. Super welcoming and memorable with vibey city crowd.

*address: 133 Bree St, Cape Town City Centre, Cape Town, 8001, South Africa*

### **Our Local**

Housed in an old mechanic's warehouse this popular quirky eatery overflows with plants and antiques. Their Mediterranean inspired breakfast, lunch and tea menu has expanded to evenings, along with tasty cocktails and bar snacks. Our favourite is the smoky bean toastie.

*address: 117 Kloof St, Gardens, Cape Town, 8001, South Africa*

## BREAKFAST BRUNCH

**Egghead Diner**

With its retro vintage design of yellows and wood, this place stands out in this popular foodie stretch. All-day breakfasts, some great cocktails, beers and bubbly with comfort food catering for all fellow eggheads, carnivores and herbivores alike.

*address: 34 Kloof St, Gardens, Cape Town, 8005, South Africa*

**Naked**

A vibey industrial chic spot in a side street, just up from the Sea Point Promenade, they have passion for artisanal coffee, and a love for fresh, seasonal food. All day breakfast, New York buttermilk pancakes and their freshly baked goods, such as signature banana bread and carrot cake are firm favourites.

*address: 2 Wisbeach Rd, Sea Point, Cape Town, 8060, South Africa*

**Arthur's Mini Super**

Perhaps the cutest eatery in Sea Point. Its laidback retro vibe is reminiscent of a corner grocery shop in the 80s, only cooler and more colourful. For breakfast, expect delicious "Things on Toast" from Green Eggs & Ham; eggs Benedict Cumberbatch; Arthur's is famous for its toasties and has a small deli.

*address: 15 Arthurs Rd, Sea Point, Cape Town, 8060, South Africa*

**Jarryds Brunch & Bistro**

A vibey popular Sea Point brunchery with a healthy and varied menu with the likes of their famous classic pancake stack, the Turkish eggs, a breakfast burger or one of the twists on eggs Benedict. They also have bottomless mimosas, incredible huevos rancheros, and pancakes to die for.

*address: 90 Regent Rd, Sea Point, Cape Town, 8005, South Africa*

**Starlings Café**

Located in a charming Victorian House, this beloved local hidden gem has no signpost and is tucked away behind a hedge on Claremont's Belvedere Road. From lentil dahl or peri-peri chicken livers with poached eggs to a seasonal veg scramble, as well as the usual breakfast classics, a host of light lunch options, plus cakes and coffee all day.

*address: 94 Belvedere Rd, Claremont, Cape Town, 7708, South Africa*

We couldn't include all so some firm favourites aren't here however, wherever you end up, enjoy the best that Cape Town has to offer.